

ALPINWELLNESS PRICE LIST

In the heart of Pejo's Valley,
an inexhaustible source of the purest element,
a spring of real alpine wellbeing flows.

Acquaviva is a place born for you,
who wish to plunge you into a natural
polished and exclusive caress, in order to be
born again in body and soul.

The virtues of alpine herbs,
the slow and precise movements,
the thoughtful and solicitous attitudes
make you feel loved.
It's the love of the generous and pure nature,
that greets you in its perfect poise.

***"Water is the strength that toughens you,
In the water you renew and you find yourself ..."***
Eugenio Montale



MASSAGES

Anti-stress

A touch, a love's sign to let the tensions and contractures go away and to treat you some peace moments.

25 min € 35,00

50 min € 60,00

Lympho-drainage

Massage that reactivates the lymphatic circulation and decreases the water retention.

50 min € 60,00

80 min € 80,00

Classic

Sensibility and delicacy. A massage that infuses a deep state of wellbeing and of corporal awareness.

25 min € 35,00

50 min € 60,00

Plantar reflexology

Feet are massaged where the various body's parts are reflected.

50 min € 60,00

Shiatsu

Energetic rebalancing treatment, realised through pressures on body made with thumbs, palms and feet without further instruments.

50 min € 70,00

Lomilomi, the hawaiian massage

Lomilomi is an ancient bodily work system once widespread in Polinesia.

The Lomilomi practice is characterised by the use of the forearm in the ulnar aspect and by long skimmings. The wide contact surface offered by the forearm and the rhythm of the execution transform this technique into an effective instrument to further the body-and-mind integration.

50 min € 65,00

Sportive

Sport, par excellence health and wellbeing synonymous, represents the field where massage's application is used for several aims: to improve the performances, to prepare at best specific muscular zones in according to their function, and, after the sportive showing, to free and relax the body favouring the natural process of catabolic elimination.

25 min € 40,00

50 min € 60,00

Vegetable butter's massage

(alpine herbs, honey, bilberries and raspberries)

Perfumes of herbs picked and macerated with very pure vegetable butter. To refresh, to tonic and to give to the skin light and harmony.

25 min € 40,00

50 min € 60,00

Thai massage

The massage that effectively and deeply acts on the energetic channels (SEN) typical of Thai tradition. It is composed by compressions, digital pressures and stretchings which give the guest the effect of some Yoga's positions.

50 min € 70,00

80 min € 90,00

Hot Stones Massage

The use of the hot stones and the attendant massage brings many benefits to human body, from the most superficial to the deepest parts.

Because of the pleasant heat given off by stones, the vascularisation and the blood's circulation increase, the muscular stress lessens, the principal internal systems relax. Another evident benefit is the regeneration of the tissues, which will become drained, invigorated and good polished at the end of the treatment.

50 min € 70,00

80 min € 90,00

Californian

A massage that pleasantly embraces you and it's composed by long skimmings, mobilizations, circular and long moves in order to give a feeling of general and total relax.

50 min € 70,00

Argan's oil

The Argan's oil is rich of unsaturated acids and of vitamin A-E-F, that make it perfect to moisturize, to nourish and to protect the body from the external aggressions. It works as antioxidant and adjuvant for the development and the preservation of the nervous and muscular system's functions. It is excellent as muscular relaxant too.

25 min € 40,00

50 min € 75,00

***This hand is power, the biggest power...
it contains inside every kind of medicine
and it can restore with a light touch
- ancient Veda-***

AYURVEDA

Ayurveda's principal aim is to conserve the good health of the healthy man. Ayurveda literally means "life 's knowledge" (veda= knowledge, ayu=health).

In according to Ayurveda's culture, massages and body's treatments are very appreciated and they are recommended for the daily practice.

Kerala's ayurvedic massage

The massage is the most used technique to relieve pains. Hot oil massage, carefully chosen in according to the customers' typology, improves skin's conditions, strengthens the lungs, the bowels, the bones and regulates the digestive tract.

This dynamic and deep massage helps to relax the body's contractures and promotes a general sensation of wellbeing.

50 min € 65,00

Pindasyeda

In this treatment are used some pods (called Pinda) to massage the body. They are as big as an orange and made of spices. The warmed pods help to stir up the cellular memory thanks to the intense stimulation caused by the sweating. At the end of the treatment Acquaviva's professionals will teach you to use Pindas which will be given you for a domestic use.

50 min € 80,00

Abhyanga

Abhyanga is an oil application in according to the ancient ayurvedic knowledge. Abhyanga increases the body heat and the oxygen's flow which guarantees the life, improves the circulation favouring a more efficient discharge of the waste substances from body.

Abhyanga improves concentration, intelligence, trust, esteem and youth furthering vitality, force, resistance and flexibility.

45 min € 55,00

Shirobhyanga

The massage of head, neck and shoulders. The head is the most important part of the body. In the head there are eight out of the ten holy holes of body: nostrils, eyes, ears, mouth and the occipital fontanel on the top. A specific massage on the head and on the scalp in according to the ayurvedic precepts, helps to improve the experiential and cognitive memory and the conditions of watchfulness and of stability.

25 min € 40,00

Shirodhara

Shirodhara is an ayurvedic practice, that produces a light stimulation with oil, which runs on the forehead drop by drop. It's an ancient technique. The rhythmical oil dropping on the third eye, which is the seat of the cognitive vision, arouses the deep memory. These recollections transform the bodily tissues and restore the good health. Shirodhara gives a soporific pleasure and it eases and strengthens the senses and the mind. During the treatment you will receive a total wellbeing state.

50 min € 75,00

Garshan

The deep exfoliation with salt and herbs stimulates the lymphatic and the peripheral blood's circulation. It helps to eliminate the fat's excess and to remove the dead epidermic cells. The complete treatment is very advised for the cellulite or for the stagnations and includes the exfoliation with the salts, the vapour bath and the oil application in order to maintain the skin soft, elastic and young.

80 min € 95,00

The offered treatments are purely esthetical.



SOFT PACK AND PACKS

The Soft Pack system is the most successful technology applied in the balneotherapy and in the treatment of body's skin. It consists in a special pool with a waterbed with steady temperature (about 38 °) which optimizes the executed treatments with herbs and natural packs. Thanks to the pleasure sheet that wraps us, the light balancing between body's temperature and water's one is maintained without a direct contact. With this system is guaranteed an optimal skin absorption of the substances contained into the applications. The benefits of the motor and muscular system are immediate and the water's heat is maintained steady in order to guarantee the treatment's constancy and an optimal relaxation.

Oenothera' s pack

Oenothera's oil , rich of linoleic acid, is particularly suggested for delicate and reddened skins. It's excellent as lenitive and protection and it's very effective in case of skins which are superficial damaged.

25 min € 40,00

Mud's pack

The mud's properties are caused by the steady and delicate thermal conduction, which relaxes the musculature and has a beneficial effect on the articulations.

25 min € 40,00

Algas' pack

The algas are rich of mineral substances, trace elements and iodine. They purify, mineralize and hydrate. It's advised in order to contrast the cellulite' s slight blemishes.

25 min € 40,00

Arnica's pack

A natural bath to remote the contractures and to relax the musculature. It's excellent for who, every now and then, feels his own body heavy and stiff and has difficulties in moving.

25 min € 40,00

Clay's pack

It's an application of the clayey mineral component together with a liquid component (natural mineral water, decoctions or officinal herbs' extract). It's a bath of remarkable efficacy to give tone and a better move to articulations and body, and to remove the bothersome swelling's feeling.

25 min € 40,00

Salt's pack

The salt is used from the mists of time to drain, purify and eliminate the excesses. It's particularly suitable to hyperactive people, who are not able to "switch off".

25 min € 40,00

Cleopatra's pack

Hydrating and relaxing bath, with delicate perfumes and recollections to "when we were children", a tribute to the taste of "once"...

25 min € 40,00

Hay' pack

Directly from Stelvio's meadows, the whole plants' and flowers' power to help us to maintain our body healthy.

25 min € 40,00

Yogurt mousse's pack

Milk and its by-products are a remedy for the skin. A "women's bath" to have a soft and smooth skin.

25 min € 40,00

Blueberry's and raspberry's pack

The soft fruits are a real remedy for our veins. They have astringent and anti-inflammatory properties and they are excellent protectors of the blood vessels. They are advised to improve the blood circulation and to give a lightness sensation to the legs.

25 min € 40,00

Ciocco Passion pack

The cacao, greedy and precious food, is a remedy for our skin. It's rich of Theobromine, a diuretic component, that favours the elimination and the reduction of the liquid retention. In addition, the lipids contained in the cacao-butter, nourish the epidermis, giving softness and luminosity.

25 min € 40,00

Honey' s pack

Trentino's honey pack helps to nourish and to hydrate the skins that are particularly dry and which need a deep nourishing, giving a soft and velvety aspect.


25 min € 40,00

Personalized pack

It's often necessary to diversify the type of pack in the various body's parts. Stomach, legs and back have different exigencies. Let the Acquaviva's experts suggest you the most efficient treatments for your body.

25 min € 45,00

Treatments offered are only esthetical.



RASUL

The Rasul bath is an ancient purification's ritual, handed on us from the tradition of oriental treatments' art. It's a real bath ceremony in accordance to the tradition. The Rasul bath, in fact, was acclaimed many times "Oriental Baths' Queen". The combination between various healthy lands together with the pleasant heat and the oriental perfumes purify the body. Thanks to the sweet peeling effect, skin becomes soft and velvety. In accordance to the ancient tradition the secret of the Rasul's bath is closed in the combination of the four elements: water, fire, air and land, in their specific aromatized vapour. The Rasul's bath is an extraordinary combination of clay, pleasant heat, vapour and enchanting Arabic perfumes. The slow heat alternated with mild vapour make increase the atmosphere's temperature and the perfumes of the natural herbs favour the respiration. The procedure is similar to the Turkish bath but it is different because of the heat that is not so intense. In consequence the treatment is milder. The real treatment is based on the application on the whole body of different types of clays and minced herbs. At the end of the application's phase customer can sit down on particularly warmed chairs, and they are completely immersed into a relaxant oriental atmosphere. The treatments produce a pleasant tingling sensation on the skin, a natural peeling and an hardening of the hypoderm. In this way the body is purified from the toxins, skin becomes velvety and the deepest layers of the skin are massaged giving the effect of the increase of blood circulation in the tissues. It's a relaxant and pleasant method of stress' and weariness' elimination. It's an optimal treatment to share with your partner.

30 min for 1 person € 40,00

30 min for 2 person € 50,00

Classical Rasul

The classical packs with clay enriched with active principles of plants and spices .

Soft clouds

Yoghurt's mousse pack to make soft and bright the skin.

Drenas

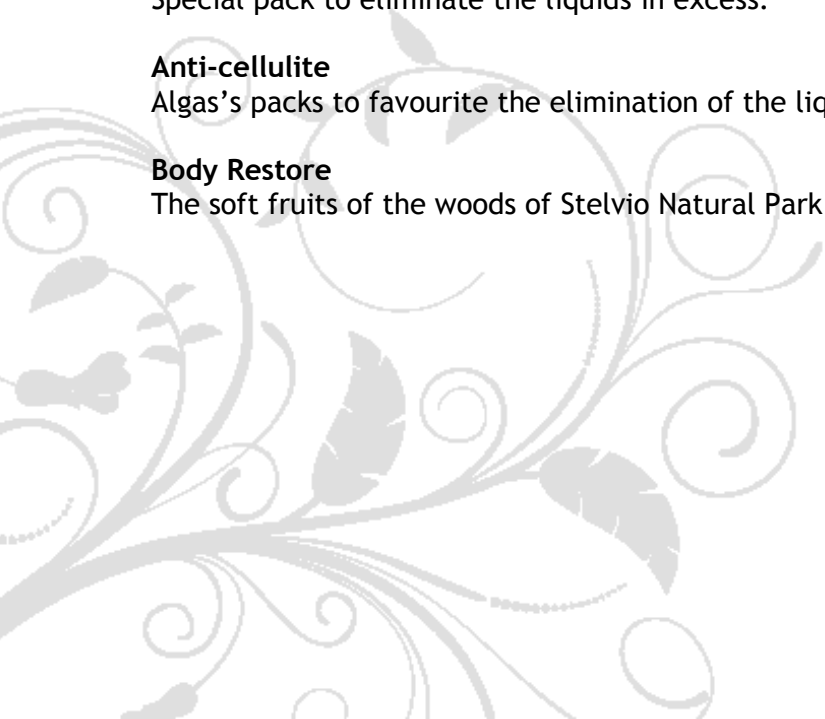
Special pack to eliminate the liquids in excess.

Anti-cellulite

Algas's packs to favourite the elimination of the liquids'excess on the sore points.

Body Restore

The soft fruits of the woods of Stelvio Natural Park are real remedies for the body's skin.



HYDRO-MASSAGE

Jacuzzi

Pool zone € 9,00
SPA suite € 15,00

Essence or Salts for Hydro-massage

Salts € 3,00
Perfumed essences € 3,00



TAKE CARE OF YOUR FACE

Every day of the year, our face is attacked from smog, smoke, fine particles which leave their mark on our skin, modifying its natural balancing. Let bring back the face's skin to its natural brilliance with our treatments, that are specific in according to the skin's kind.

Decolleté and facial treatment

Regenerating anti-age treatment, for mature skins and tone's loss.

50 min € 70,00

Honey hardening facial treatment

A treatment to give light, tone and elasticity to the skin. The honey, rich of active principles helps to regenerate the tissues.

50 min € 75,00

Anti-age facial treatment with Argan's oil

The Argan's oil is considered one of the most rare and precious oil in the world, in fact it is called "liquid gold" too. The Argan's oil is composed by essential fat acids in a balancing quantity in a formula that is similar to the natural composition of our skin. That gives it a good coefficient for the penetration into the cellular membranes and it is speedy adsorbed in every phase of the treatment. It doesn't grease but it supplements the lipidic wants of the skin. The structural similarity between Argan's oil and our skin allows to the oil to nourish the skin with Vitamin-A-E-F. The Argan facial treatment rejuvenates, rebalances, invigorates.

50 min € 80,00

Dermo-lenitive facial treatment by Blueberries and raspberries

For skin with cuperose and with reddening's facility. The skin is gently treated with products, which are lenitive and with an anti- congestion action based on the soft fruit of Stelvio Natural Park.

50 min € 75,00

Personalized facial treatment

Our Acquaviva's experts advise you the most effective kind of facial treatment after a valuation of your face's type. It's advised for mixed skin and for skins with different exigencies.

50 min € 75,00

Facial vitaminic treatment for Man with alpine herbs

It's indicated for dull and stressed skins, which are irritated from the external agents. It brings back the skin to its natural beauty and brightness.

50 min € 75,00

Liftonic treatment

Treatment effectuated with an efficient machine that utilizes the principles of the ultrasounds, indicated for every kind of skin. It's composed by three phases: it purifies, re-activates the micro circulation and it creates a tensor effect. It's better to repeat the treatment many times a week.

50 min € 75,00

Purifying facial treatment

It's advised for skins with light impurity and suffering-from-acne ones. With this treatment the function of the sebaceous glands is balanced and the greasy and oily effect is reduced.

50 min € 75,00

Anti- wrinkles eyes' contour

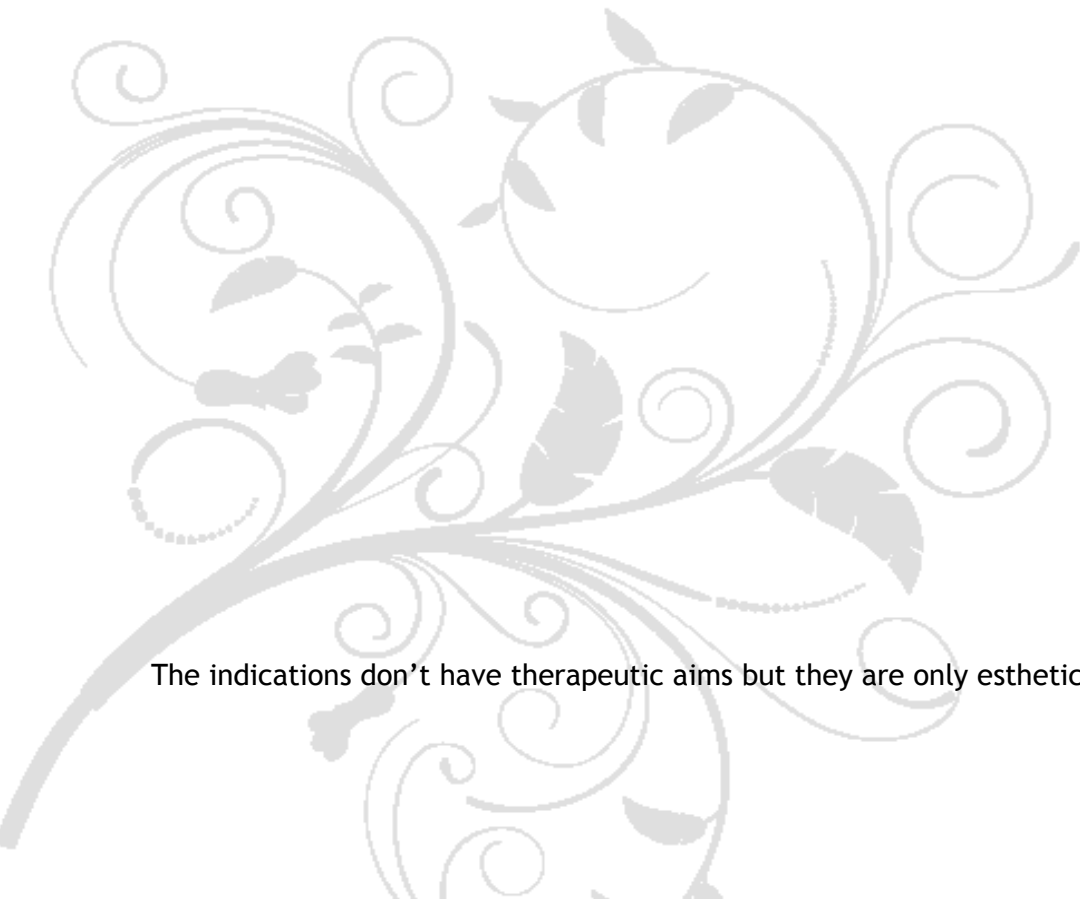
For the delicate zone of the eyes: it invigorates, protects and attenuates bags and swellings.

15 min € 16,00

Supreme anti-age facial treatment

The treatment that is addressed to people who want to give their skin a specific and cutting-edge attention, that is able to reactivate the youth's processes, re-compacting the skin, giving it elasticity thanks to the stem cells of the apple. One more advice: let couple to treatment the "over 50's body" 's one.

50 min € 80,00



The indications don't have therapeutic aims but they are only esthetical.

TAKE CARE OF YOUR BODY

When you feel tired, under pressure, strained it is time to make a pause, and to find the balancing and the wellbeing again, through the oil's and esthetical treatments.

Peeling

The peeling is an esthetical treatment that stimulates, through the application of a substance on the skin, the exfoliation and the consecutive change of the skin, favouring the regeneration and the cell renewal which normally take place into the derma. This is an esthetical treatment used to smooth and to improve the skin's aspect, with a rejuvenation effect.

25 min € 40,00

Body' s peeling with vapour bath

The vapour bath induces skin to improve the dead cells removal; with peeling skin becomes smoother and brighter.

35 min € 50,00

Presso- therapy

It is an equipment that has aroused lively interest and has been successful because it transmits an immediate wellbeing feeling. It's simple to apply and it gives good results. The effect is based on a physic action that works on the venous and on the lymphatic circulation which becomes more efficient and, in consequence it works on the most frequent slight blemishes which improve: cellulite, liquids' retention, ectasias ...

45 min € 40,00

Presso-therapy with bandages

Useful for legs treatment with drainage effect

50 min € 70,00

Legs treatment

Global and personalized, useful for heavy legs with capillary fragility, water retention, tonic loss

75 min € 90,00

Body bandages

Concentrated efficacy for a deep wellbeing. We advise you to couple this treatment with the Presso-therapy's one to obtain visible results soon.

Various € 30,00

Back treatment

It's ideal for back and shoulders, on which there are often visible some imperfections caused by the sebum's excess. It's advised for everybody who suffers of muscular tension in the high part of the back.

75 min € 90,00

Tonic and remodelling abdomen treatment

The frequent weight variations and the aging make sure skin loses elasticity and tone. The treatment has two aims: it intensely hydrates, invigorates skin. It helps the microcirculation, reduces the swelling with the hot-cold effect, stimulates the melting of the adipose aggregation and improves the waist measure's aspect.

60 min € 75,00

“Over 50” supreme body

It's a global treatment for every part of the body. It improves the quality of the tissues which support the breast, helps to repair the damaged capillaries restructuring the tissues. We advise to couple this treatment with the facial “supreme anti-age” one.

80 min € 85,00



BEAUTY SERVICES

Depilation

- Complete Depilation (leg and groin) € 45,00
- Whole leg € 32,00
- ½ leg € 25,00
- ½ leg and groin € 35,00
- ½ leg , groin and armpits € 40,00
- Groin € 15,00
- Armpits € 15,00
- Armpits and groin € 25,00
- Arms € 20,00
- Upper lip € 12,00

Hands and feet

- Manicure € 20,00
- Manicure with nail varnish application € 28,00
- Pedicure with nail varnish application € 50,00
- Nail varnish application € 10,00

Make up

- Daily make-up € 40,00
- Evening's make up € 50,00

Eyelash's and eyebrow's dyeing

- Eyelash € 25,00
- Eyebrow € 15,00

Solarium

- on three faces € 8,00
- complete sunbed € 12,00

ACQUAVIVA LINE

Only the best for our guests! We have placed quality, freshness and efficacy at your complete disposal: in other words the most advanced cosmetic's offers.

The synergy of vegetable oils together with the regenerating powers of the plant-derived products makes the Acquaviva's cosmetics a line of functional products for the wellbeing and the beauty of the body.

Every detail is been thought for our guests: the quality of the natural raw materials, the high percent of the active principles, the continue research of functional products, the delicate and hypo-allergenic fragrances allow us to create some products unique in their own way and compatible with every kind of skin. The products are microbiological tested.

Acquaviva Line with alpine herbs

- Body peeling
- Vegetable butter for massage
- Daily cream
- night cream
- Repairing serum
- Facial mask
- Hydro massage phials

Acquaviva Honey Line

- Facial and body peeling
- Cleansing milk
- Tonic
- Daily cream
- Night cream
- Facial mask
- Vitamin-C phial
- Vegetable butter for massage
- Spray body cream
- Hydro massage phial

Acquaviva blueberries and raspberries line

- Facial and body peeling
- Cleansing milk
- Tonic
- Vitaminic Phial
- Mask
- Daily cream
- Night cream
- Spray body cream
- Legs gel

Acquaviva Hammam Line

- Complete Kit for Hammam
- Pure Argan's oil
- Clearing anti-age milk
- Anti-age tonic
- Anti-age daily cream
- Anti-age night cream
- Anti-age eye-contour
- Anti-age facial mask
- Anti-age phial
- Beldi black soap
- "Kassa" exfoliating glove



SPA SUITE

A real “open-space” realized as a reign of wellbeing and of the couple’s relax. The place where every dream is possible. Protect as at home, granted to the hands of our expert professionals , the couple finds again the pleasure to share together some relaxant moments. Into a wild place, are contained the trilogies: Alpine Wellbeing, Hammam, and Ayurvedic Treatments. Here you find the imperial pool to go beyond a simple massage, the elegant AquaVeda, a modern and comfortable massage bed, the wide futon for a pleasant relax post treatments. According to choice, after a vapour bath that is exclusively reserved for you, you can receive the trilogy’ s completion which you like more. The time dedicated to wellbeing becomes unique, if it’s shared with the partner. The Spa program ends with a pleasant relax moment, sipping infusions.

Alpine Wellness Spa

In the mountain to breathe pure air and to plunge into the nature’s rhythms. The renewal and tonic action program allows us to clear in depth body and mind and to live totally our “Alpine Wellness Acquaviva Holiday”.

Vapour bath with mountain’s perfumes
Balsamic Hydro massage
Butter massage with mountain perfume
Relax on futon and infusion
2 hours € 100,00/person

Idyllic temptation

A womanliness tribute. The richness and the softness at the service of our body. The milk is the first food that nourishes every mammals and it’s an unequal natural emulsion. This element is complete and rich of active principles to say “yes” to life. For who wants to have a velvety skin and soft relax moments.

Yoghurt Mousse vapour bath
Nourishing milk hydro-massage
Yoghurt cream massage
Hydrating facial mask
Relax on futon and infusion
2 hours € 120,00/person

Hammam

From the medieval tradition the ancient Hammam ritual is used to purify the body with warm vapours and with whole natural products. A program for who wants to have a soft and regenerated skin and a calm, relaxed and fresh mind.

Vapour bath
Body cleansing with black soap “ Beldi”
Exfoliation with “Kassa”, typical morocco glove
Eucalyptus perfumes hydro-massage
Pure Argan’s oil massage
Relax on futon and infusion
2 hours € 130,00/person

Imperial Rasul

The Arabic ritual for the couple. The sands on the body, softened by the pleasant vapour, make the skin smooth, tonic and rejuvenated. The action of the perfumed water gives tone to the spirit and the Argan massage gives quiet to the mind.

Vapour bath with clay pack
Hydro massage with morocco roses
Berber massage
Relax on the futon and infusion
2 hours € 125,00/person

Mandala Ayurveda

Mandala represents, from the Vedic tradition, the process in according to which the universe was created from his centre. Mandala is a program of ayurvedic inspiration that provides for a deeply cleaning of the skin with salts, medical oils and vapour, an emollient hydro-massage and a specific massage efficient against lumps and swellings because it stimulates the circulation and eliminates the toxins. You can rediscover that you are the centre of your wellness!

Garshan with oil and salts
Vapour bath
Emollient hydro-massage
Kerala Ayurvedic Massage
Relax on the futon and infusion
2 hours € 135,00/ person

Honey spa

Sweet emotions to cuddle yourself in the exclusive environments of the Spa suite. Sweet, fascinating, persuasive perfumes bewitch senses and give softness to the skin. Close your eyes, let yourself go to the pleasant sensation of the cuddles, sweetness and love for yourself.

Coco's peeling
Vapour bath and milk pack
Massage to the coco milk's butter
Honey facial mask
Vanilla hydro-massage
Relax on the futon and relaxant infusion
2 hours € 165,00/person

You and me in Spa suite 2 days

Two days of wellbeing to spend together in spa suite, an environment to stay with your partner while expert professionals guide you into an elegant and pleasant experience.

1 body purifying peeling in the vapour bath 25 minutes
1 personalized massage 50 min
1 complete Hammam program
2 Relax on the futon and relaxant infusion
€ 230,00/ person

Marrakesh 3 days

Colours, perfumes, massage's rhythms alternate with quiet moments and renewed serenity.

- 2 Vapour baths
 - 1 Body exfoliation with the black soap "Beldi"
 - 3 Hydro-massages (eucalyptus, honey, crystals, Vitamin-C)
 - 1 Exfoliation with "Kassa" glove
 - 1 Aegan's oil massage 50 minutes
 - 1 Argan's oil facial treatment 50 minutes
 - 1 Salt peeling 25 minutes
 - 1 Berber massage 50 minutes
 - 3 infusions and relax moments on the futon
- € 360,00/person

Romantic wellness 4 days

Holiday is a moment to stay together.. Let share the wellness of the romantic Acquaviva SPA suite!

- 1 Lomilomi - the hawaiian massage 50 minutes
 - 2 Sissi's bath
 - 1 Ayurveda - Garshan, Vapour bath, Abhyanga 50 minutes
 - 1 Anti-stress massage 50 minutes
 - 1 Alpine wellness treatment 50 minutes
 - 4 Vapour baths in Spa Suite
 - 5 Relax moments on the futon and relaxant infusions.
- € 400,00/ person

A vitality's touch 5 days

Holiday to stay together. 5 days to share with the partner while our expert professionals propose you personalized and unique programs.

- 1 personalized body peeling in the vapour bath 25 minutes
 - 2 vapour baths
 - 2 personalized packes
 - 5 hydro-massages with essences
 - 1 partial massage 25 minutes
 - 4 complete personalized massages 50 minutes
 - Relax on the futon and relaxant infusion
- € 495,00/ person

Luxury in Spa suite 6 days

One week completely dedicated to the couple, in total privacy. In the Acquaviva Spa Suite you'll live an exclusive program of wellbeing and refined and magic relax, to stay together at best.

- 1 Ayurveda- Garshana and Abhyanga 50 minutes
 - 6 Vapour bath
 - 1 Body and facial massage 50 minutes
 - 1 Yogurt's cream massage 50 minutes
 - 1 neck and back relaxant massage 25 minutes
 - 1 Sissi's and Cleopatra's bath
 - 1 Mountain butter massage 50 minutes
 - 1 Alpine herbs Hydro-massage
 - 1 Massage with essences 50 minutes
 - 4 Personalized Sissi's bath
 - 6 Relax on futon and relaxant infusion
 - 1 Champagne flute and fresh fruit
- € 580,00/person



BEAUTY DAY

The wellbeing programs for who has only one day available.

The farmer's health

This treatment comes from the ancient farmers' custom to rest from the hard exertions of the day, sleeping on the hay cut for the cows, the hay was able to remove the job's exhaustion and to give strength again. The secret of this treatment are the official plants contained into the herbs mixture.

With the dry heat derived from the hay, the active principles contained in these herbs are completely absorbed from the organism. The immersion in the grass during his fermentation lasts 15-20 minutes, the customer is wrapped into a cover and he is lied down with care on a reaction-bed in a hot room near the baths' one. The perspiration, that in the first phase in very intense, could continue also for 3-4 hours and leaves a wellbeing sense that lasts for the whole day.

After the reaction you will have a massage. If you want to enjoy at best the benefits of this treatment, we advise you to make more that one session.

1 Mountain hay Soft Pack
1 relax on the water-beds
1 Herbs vegetable butter massage
1 Hydro-massage with essences
Infusion and final relax
90 min € 100,00

Alpine wellbeing

The pureness of the nature that goes in you.

The air and the active energy of the Natural Stelvio Park's plants are precious presents to purify and improve our body's health.

Thanks to our expert cosmetologist we are able to convey these virtues into a wellness unique treatment. The peeling based on pine and alpine herbs, with active enzymes, allows the complete exfoliation making the skin free from impurities and from toxins, it becomes cleaner and brighter.

The application of the oxygenating element and of the massage with the exclusive vegetable butter, allows our body to remember long the wellbeing and deeply clearness sensation, giving a long lasting sense of lightness-

1 alpine herbs body peeling
1 Vapour bath
1 Alpine herbs' vegetable butter massage
Infusion and final relax
80 min € 110,00

Rasul Deluxe

The ancient purification ritual handed on from the tradition of the art of oriental knowledges. It's not a simple treatment... it's a real bath ceremony in accordance with the tradition. In fact Rasul bath is called "Oriental Baths 'Queen'" too. The Argan's oil massage is a real remedy for the rejuvenation of skins and tissues.

1 Rasul treatment with clay
Relax on the water-beds
1 Argan's oil body and facial massage
1 Argan facial massage
Infusion and final relax
90 min € 110,00

Ciocco-Passion

For the greediest and for who lives with "Passion". The cacao, rich of active principles, helps to awake and to give tone to the skin. A trilogy of pure and sweet pleasure.

1 Ciocco-passion pack
Reaction relax on the water-beds.
1 Cacao's butter massage
Infusion and final relax
90 min € 90,00

Body regenerating

The salt helps the efficient elimination of the liquid excess. A program made to regenerate the organism purifying it and to give again the correct lightness. We advise you to couple this treatment with the "Facial regenerating" one.

1 salt peeling
1 Soft pack salt pack
1 Draining Massage 50 minutes
Infusion and final relax
120 min € 130,00

Facial regenerating

Face's skin is the most exposed skin that we have and it often loses its brightness and elasticity because of fine particles and atmospheric agents. Let it free from what it's not necessary with a suitable and accurate clearness. The final lympho-drainage'll help the skin to relax and to find again the correct tone. We advise you to couple this treatment with the "Body regenerating" one.

1 superficial cleansing
1 deep cleansing
1 Facial Lympho-drainage
1 Specific facial mask/pack
Infusion and final relax
120 min € 100,00

Spa Woman Day

The hard-working bees produce a gold and precious nectar for the woman skin. The honey, rich of nourishing substances, unique for the skin, helps body and face to regenerate and to relax. The sweetness which a woman needs.

1 sweet massage with honey and with butter 50 minutes
1 Honey facial treatment 50 minutes
Infusion and final relax
120 min € 125,00

Spa Day for Man

In the heart of Pejo's Valley you have the possibility to regenerate the body and to give silence and peace to the mind. A specific program as an unique occasion to live the wellness and to guarantee an immediate regeneration to body and mind.

1 relaxant massage 50 minutes
1 anti-stress facial treatment 50 minutes
Infusion and final relax
120 min € 125,00

Sweet Lady

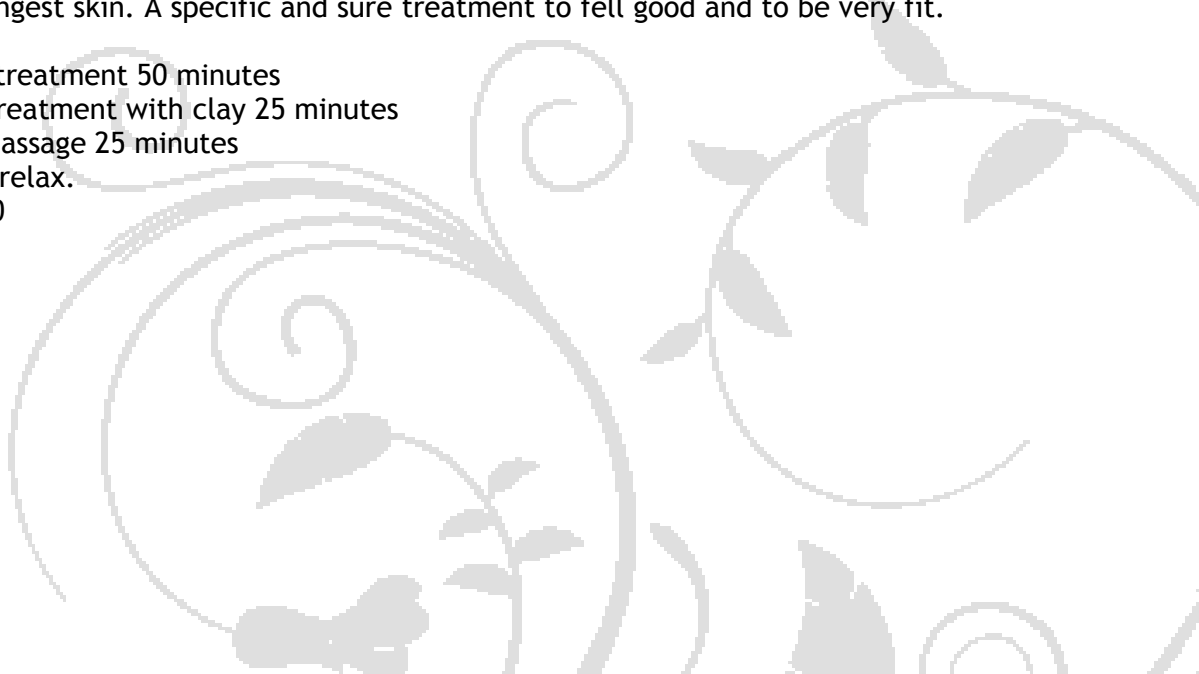
An occasion for an healthy and natural approach to the beauty of being young, learning to set off the face's features enriching them with the active principles of every natural products.

1 Sweetness facial treatment 50 minutes
1 Eyebrows' beauty
1 Manicure
1 Partial massage 25 minutes
Infusion and final relax
120 min € 135,00

Sportive Boy

An efficient program to treat and solve the problems of the fat and suffering-from-acne skin, typical of the youngest skin. A specific and sure treatment to feel good and to be very fit.

1 purifying facial treatment 50 minutes
1 purifying body treatment with clay 25 minutes
1 classic partial massage 25 minutes
Infusion and final relax.
120 min € 140,00



SUGGESTED PACKETS

Chocolate delight 1 day

A delicious way to lie at ease and to appreciate the chocolate's pleasures without damages to your figure.

- 1 Cacao's butter body peeling 25 minutes
 - 1 Chocolate soft pack 25 minutes
 - 1 Cacao's butter massage 50 minutes
 - 1 Cacao's fragrance hydro-massage
 - 1 relax on the waterbed as you want
 - 1 greedy drink
- € 145,00

The Argan's properties 1 day

The Argan's oil is a nature's present that fights against the time signs thanks to its various and beneficial properties.

- 1 Vapour bath and exfoliation with "Kassa" glove 25 minutes
 - 1 Argan's oil partial massage 25 minutes
 - 1 Argan's oil facial mini-treatment 25 minutes
- Infusion and final relax
€ 160,00

Blueberry and raspberry 1 day

Acquaviva shows the specific cosmetic line by blueberry and raspberry.

The soft fruits of Trentino considerably help to strengthen the veins and to nourish the skin. An unforgettable day with this program characterized by perfumes and nourishing substances.

- 1 Blueberry and raspberry body peeling 25 minutes
 - 1 Blueberry and raspberry's mousse Soft pack 25 minutes
 - 1 Blueberry and raspberry facial treatment 50 minutes
- Infusion and final relax
€ 160,00

Mini-treatment "Dream for her" 2 days

For woman that speedy wants to recover vital energy and serenity.

- 1 body peeling 25 minutes
 - 1 soft Pack in according to choice 25 minutes
 - 1 classic massage 50 minutes
 - 1 facial lympho-tonic treatment 50 minutes
 - 1 salt hydro-massage
- Infusion and final relax
€ 215,00



Mini-treatment “ Dream for him” 2 days

For man that is able to take care of himself.

1 Body peeling 25 minutes
1 Soft pack in according to choice 25 minutes
1 Sportive massage 50 minutes
1 Man-facial treatment 50 minutes
1 Salts hydro-massage
Infusion and final relax
€ 215,00

Rasul program 2 days for the couple

Ancient purifying ritual. Rasul is a ritual of the Arabic tradition for a deep detoxification which is made into an elegant and exclusive “ vapour temple”. Let make the experience of this ritual with a friend, allowing that the clay and the herbs smeared on the body transmit an experience of purification, of sharing and of deep relax :

For a person:

2 rasul 25 minutes
2 relax on the waterbed in according to choice
1 Berber massage 50 minutes
1 personalized facial treatment 50 minutes
2 Hydro-massage with salts
Infusions and final relax
€ 245,00/person

Soul’s cuddles 2 days

Harmony and relax. An alternation of rhythms and fragrances coming from far countries which carries you into a deep and long lasting sense of wellbeing.

1 Lomilomi massage 50 minutes
1 Californian massage 50 minutes
2 Hydro-massage with salts
Infusions and relax
€ 155,00

Oriental vapours 2 days

Orient has always considered the vapour as system for the regeneration of the skin.

1 Hammam program in the Rasul box:
-vapour
-cleansing with black soap
-exfoliation with “Kassa”
-Argan’s oil relaxant massage

1 Complete Rasul with sands 25 min
1 Berber mini-massage 25 minutes
Infusion and final relax
With nice homage
€ 165,00

Natural enchantment 3 days

For who wants to relax and totally plunge into the holiday's atmosphere characterized by nature.

- 1 Body peeling 25 minutes
 - 1 Soft Pack in according to choice 25 minutes
 - 1 Classic partial massage 25 minutes
 - 1 Honey's facial treatment 50 minutes
 - 1 Hot stones massage 50 minutes
 - Infusions and final relax
- € 255,00

To be pregnant 3 days

For pregnant moms A bit of healthy relaxation. Every products used in this packet are accurate chosen and they are advised to elasticise the skin and to improve the tone of the tissues.

- 1 Acquaviva alpine wellness treatment 50 minutes
 - 1 Facial treatment with facial massage 50 minutes
 - 1 Pedicure with massage 50 minutes
 - 1 manicure
 - Infusions and final relax
- € 215,00

Let try the wellness 3 days

A program to allow yourself to a pause, to stop the frenetic rhythms of the daily life and to dedicate finally to the relax pleasure.

- 1 anti-stress massage 50 minutes
 - 1 Soft pack- Cleopatra 25 minutes
 - 1 Personalized facial treatment 50 minutes
 - 1 Eyes contour application 15 minutes
 - 3 hydro-massage with sea salts
 - Infusions and final relax
- € 215,00

Ayurveda regeneration 3 days

The basic techniques of the treatments on the body in according to the ayurvedic tradition are harmonically suggested for a regenerating and highly relaxant program.

- 1 Ayurveda - Garshan vapour bath and Abhyanga 50 minutes
 - 1 Ayurveda - Abhyanga and Pindasveda 50 minutes
 - 1 Ayurveda-Shirodara 50 min
 - 3 Salts hydro-massages
 - Infusions and relax
- € 250,00

Equilibrium 3 days

The frenzy of every day puts us away from the health. Three days to regain possession of the balances of our body and of our mind.

1 alpine herbs pack in soft pack 25 minutes
1 vegetable butter massage with alpine herbs 50 minutes
1 personalized facial treatment 50 minutes
1 Thai massage 50 minutes
Infusions and relax
€ 280,00

Dawn 3 days

The sunshine that lights the mountains as memory that we have to conserve in our body. 4 days to light the skin, relax the features and to come back home with a new light!

1 personalized facial treatment 50 minutes
1 anti stress massage 50 minutes
1 admission ticket for Rasul with sands
1 Argan's oil massage 50 minutes
Infusions and relax
€ 245,00

Pure pleasure 4 days

Noble relax and art to live. A selection of moisturizing treatments to remove tensions and efforts balancing the state of body and mind.

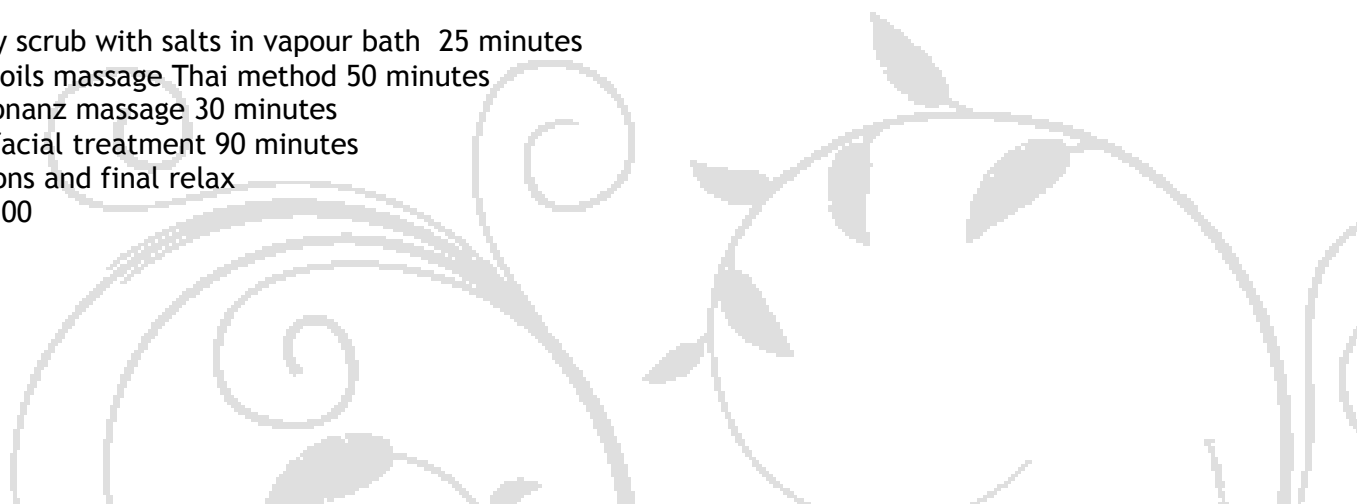
1 body and facial peeling in the vapour bath 25 minutes
3 Essential oils massages 50 minutes
1 Oenothera's pack in soft pack 25 minutes
2 personalized facial massages 25 minutes
1 body nourishing massage 50 minutes
Infusions and final relax
€ 390,00

Oriental pleasures 4 days

Remise on forme complete and efficient thanks to the reactivation of the body's energetic channels.

The alternations of colours and olfactory emotions which evoke far lands, transform this program into something special to remember.

1 body scrub with salts in vapour bath 25 minutes
1 Hot oils massage Thai method 50 minutes
1 Resonanz massage 30 minutes
1 Oil facial treatment 90 minutes
Infusions and final relax
€ 270,00



Wellness from your feet 4 days

The harmony and wellness of the body start from your feet that every day, step by step, support us and give us the possibility to move. In according to the ancient oriental and popular traditions, that has sure a truth value, “ who washes his feet every evening invigorates the body and appeases the mind”.

1 Detoxifier footbath and plantar massage 50 minutes
2 Relaxant footbath and plantar massage 50 minutes
1 softening footbath and plantar massage 50 minutes
1 footbath against efforts and plantar massage 50 minutes
Infusions and final relax
€ 245,00

Bodily vitality 4 days

The stress and the iper-activity that our modern life obliges us to sustain, attack and put the vitality of our body in danger. The mountain holiday is sure an opportunity to harmonize the body and to get used again to relax.

1 peeling in according to choice and detoxifier vapour bath 25 minutes
2 anti-stress partial massage 25 minutes
1 personalized facial treatment 50 minutes
1 body stretching massage 25 minutes
Infusions and final relax
€ 270,00

Anti-cellulite with algas 4 days

The algas are precious for the slight blemishes of the skin, they make the skin homogeneous, elastic and soft to the touch. Rich of active principles, the algas help the body to find his correct silhouette.

1 granules cream scrub 25 minutes
1 algas body pack in soft pack 25 minutes
3 Specific anti-cellulite bandages with argas
3 Draining body massage with algas
Infusions and relax
€ 335,00

Let hydrate your body with Oenothera 4 days

Oenothera, a precious plant of Nord America, gives us a precious oil rich of hydrating and nourishing elements for the skin. A treatments' program suggested for who has dry or inflamed skin that suffers of nourishing's and softness's lack.

1 body scrub with granules and Oenothera's oil 25 minutes
4 oenothera's pack 25 minutes
4 specific body massages 50 minutes
Infusions and relax
€ 410,00

Relax for the extremities 4 days

When the tiredness catches you, it's necessary to dedicate some time and some cuddles to the extremities of the body. To feel good and to cure the esthetical and inner aspect allows us to come back home relaxed and restored.

1 pedicure 50 minutes
1 manicure 25 minutes
1 bathing of the hands with massage 30 minutes
1 footbath with massage 30 minutes
1 facial and scalp massage 40 minutes
1 hands, feet and head oriental massage 40 minutes
Infusions and relax
€ 260,00

Draining treatment with Asiatic centella 5 days

An intense holiday as a moment to detoxify the body and to favourite the maintenance of the tone, of the elasticity and of the moisturising thanks to the application of the Asiatic centella, optimal plant useful and efficient in the cellulite treatment.

1 body peeling with salts 25 minutes
2 algas packes in soft pack 25 min
2 Body pack with Asiatic centella in soft pack 25 minutes
5 draining massage with the oil of the Asiatic centella 50 minutes
Infusion and final relax
€ 460,00

Acquaviva wellness 5 days

Let's the flexibility and the elasticity of the body increase with a sequence of treatments to find again the optimal physical silhouette. From head to feet we offer You everything that suit you.

1 personalized body peeling 25 minutes
1 personalized body pack 25 minutes
1 alpine herbs body pack 25 minutes
1 mountain's butter massage 50 minutes
1 manicure 30 minutes
1 pedicure 50 minutes
1personalized facial treatment 50 minutes
1 aromatic body massage 50 minutes
1 back relaxing massage with body stretching 25 minutes
Infusion and final relax
€ 395,00

To be mother 6 days

A complete program to allow to the mother to completely relax and to enjoy a bit of pleasure. The comfort during these massages is guaranteed from some pillows created for the pregnancy, so the mom doesn't feel herself constricted but she's able to find the correct position of comfort during the treatments. The products that are used are carefully chosen to support the face and body's skin in this sweet period.

- 1 alpine wellness treatment 50 minutes
 - 1 facial treatment and facial massage 50 minutes
 - 1 pedicure with massage 50 minutes
 - 1 ayurveda - abhyanga 45 minutes
 - 1 argan's oil partial massage 25 minutes
 - 1 personalized facial treatment 50 minutes
 - 1 Ayurveda- Kerala's massage 50 minutes
 - Infusions and relax
- € 430,00

Beautiful outside, beautiful inside 6 days

The beauty is synonymous of health and wellbeing. This is a choice of treatments that takes your face's beauty into account. Absolutely to prove!

- 1 facial and décolleté treatment 50 minutes
 - 1 body sweet peeling 25 minutes
 - 1 Cleopatra pack in soft pack 25 minutes
 - 1 lympho-tonic facial treatment 50 minutes
 - 1 hay bath in soft pack 25 minutes
 - 1 Argan's oil relaxant massage 50 minutes
 - 1 manicure 30 minutes
 - 1 pedicure with massage 50 minutes
 - Infusions and relax
- € 370,00

Ancient Orient 6 days

A travel immersed in the ancient techniques to live at best the modern life. Far lands that, with their tradition, wisdom and knowledge allow you to rediscover yourself, far from stress and near to the freedom to live your real life.

- 1 Lomilomi massage- Hawaiian 50 minutes
 - 1 Rasul with sands 30 minutes
 - 1 Ayurveda- Kerala massage 50 minutes
 - 1 Ayurveda- Shirodara 40 minutes
 - 2 Ayurveda-Abhyanga with Pindasveda 50 minutes
 - 1 Ayurveda - Garshan, vapour bath and Abhyanga 50 minutes
 - Infusions and relax
- € 440,00

Alpine wellness program

Oxygenating wellness program, purifying and energy 's activator based on the Stelvio Natural Park's pine and herbs. To invigorate, to renovate and to lighten your body.

- 1 alpine wellness treatment 50 minutes
 - 1 Oxygenating vapour bath 15 minutes
 - 2 Mountain with herbs and vegetable butter 50 minutes
 - 6 Relax moments on the waterbeds (according to choice)
 - 2 oil's application on the body with mountain herbs 45 minutes
 - 1 personalized facial treatment 50 minutes
 - 1 Hay bath in soft pack 25 minutes
 - 1 anti-stress massage 50 minutes
 - 6 Hydro-massage with essences
 - Infusions and relax
- € 530,00

Body and mind relax 6 days

The health of the body and the equilibrium and stability of the mind are the principle conditions of success and general wellness. The Acquaviva oasis to experience the pleasure of the Being.

- 1 vapour bath
 - 2 salt plantar baths 25 min
 - 1 personalized body scrub 25 minutes
 - 2 body massages with aromatic oils 50 min
 - 1 oenothera body pack in the Soft pack 25 minutes
 - 1 Oenothera's oil massage 50 minutes
 - 1 oil facial treatment 90 minutes
 - Infusions and relax
- € 418,00

Arnica virtues for her/him 6 days

The meadows of Stelvio Natural Park offer us the plants and the flowers to conserve health. A program studied for the bodies that are tired because of the sportive activity or because of the too hard working.

- 1 vapour bath 15 minutes
 - 1 clay body peeling 25 minutes
 - 3 arnica packs in Soft pack 25 minutes
 - 3 body massage with Arnica's oil 50 min
 - 2 back partial massages 25 minutes
 - 1 vapour bath with clay's pack 25 minutes
 - Infusions and relax
- € 430,00



Relax facial in good form 6 days

To regenerate the skin favouring the detoxification of the tissues and to contrast the stress effects.

A program that helps to improve the potentiality of the organism recovering and maintaining the youth with the oxygen-stimulations.

- 1 body peeling 25 minutes
 - 1 oil's application with mountain herbs 45 minutes
 - 4 pack in according to choice in soft pack 25 minutes
 - 2 partial massage 25 minutes
 - 2 facial and body sunbed
 - 1 lympho-tonic facial treatment 50 minutes
 - 1 personalized facial treatment 50 minutes
 - 1 hands massage 15 minutes
 - 1 pressotherapy with bandage 50 minutes
 - 1 eyes' contour treatment 15 minutes
 - 3 salts hydro-massage
 - Infusions and relax
- € 570,00

Massages and cuddles 6 days

For body, mind and soul. To profit by the holidays to be the centre of our attentions and to receive the best of the wellness.

- 1 Body peeling 25 minutes
 - 1 Hot stones massage 50 minutes
 - 2 pack in Soft Pack in according to choice 25 minutes
 - 1 partial classical massage 25 minutes
 - 2 anti stress massages 50 minutes
 - 1 Facial treatment with massage 50 minutes
 - 1 alpine wellness treatment 50 minutes
 - 1 Hydro-massage with essences
 - Infusions and relax
- € 460,00

Anti-cellulite form 6 days

A special specific program to attenuate and to reduce the slight blemishes caused by cellulite. The program is suitable for every woman that wants to improve her aspect and to fell slimmer and lighter.

- 2 Salt packs with vapour bath 25 minutes
 - 3 Mud packs in Soft pack 25 minutes
 - 3 Anti-cellulite massages by remodelling mud cream 50 minutes
 - 1 Lympho-drainage to the lower limbs with specific bandage 50 minutes
 - 2 Resonanz massage 50 minutes
 - Infusions and relax
- € 595,00

Wellness and beauty for her 6 days

The beauty means “to feel good”. A variety of treatments to underline the beauty that is inside you

- 1 body and facial peeling 25 minutes
 - 1 body scrub in vapour bath 25 minutes
 - 2 facial massages 40 minutes
 - 3 body massage with essential oils 50 minutes
 - 1 vapour bath 15 minutes
 - 1 personalized massage by vegetable butter 50 minutes
 - 1 oenothera's pack in Soft pack 25 minutes
 - 1 personalized facial treatment 50 minutes
 - Infusions and relax
- € 490,00

Energy in his pure state for him 6 days

If you are conscious of your body, you tone it, elasticize it and liven up it, you have more satisfactions in sport and in the daily activities. A special present for our customer.

- 1 body peeling by spices 25 minutes
 - 3 clay body pack in soft pack 25 minutes
 - 3 anti-stress back massage 25 minutes
 - 1 sportive massage 50 minutes
 - 1 Californian massage 50 minutes
 - 1 body stretching 25 minutes
- € 400,00



SAUNAS' WORLD

*“Under the sky, nothing is softer and more pliable as the water”
Tao Te Ching*

Pool and Hydro-massage

Let dive you into the pool and relax with the hydro-massages: a real remedy for your body

Roman Vapour bath

The mild heat, the soft vapour wraps the body: Let sit down, deeply breathe and the relax sensation magically appears.

Stone and fire sauna

The stones are put on fire until they are incandescent, so the important minerals melt in an unexpected and natural way. The minerals in aerosol forms disperse in the room, offering inhaler benefits of an excellent quality but unknown so far. Thanks to a continue process of raising and fall, we reach an increase of dampness and of the temperature in the room, in a slow and continue way. The body slowly gets used to the rising temperatures and to the high dampness of the air.

Alpine herbs sauna

The special warming stove is placed in the centre of the room, where a metallic basin, that contains some branches and gems of mountain Pine of the Stelvio Natural Park ,diffuses a warm vapour. Its aromatic flow spreads automatically out towards the ceiling with regular pauses and it descends long the walls wrapping your body. The essential oils so used, have a beneficial influence on the skin, on the respiratory tract and on the whole body.

Farmer's sauna

It's a sauna transmitted by our farmers and now we rediscover it in a modern viewpoint in our centre. An unforgettable experience of perfumes, nature ,health...

Revitalized showers

Having a shower always becomes an experience new and beneficial. You could regulate the water's streams: lateral, vertical, normal, massaging, suggestive lights...

Vital Bar

On the border of the pool there is the Vital Bar, where you can have a Soft-drink, fruit juices and thirst-quenching aperitif.

Kneipp program

A cold/hot footbath, efficient and health. To regulate the circulation, to re-establish the microcirculation and the humours.

Ice's fountain

After the body's warming with the saunas, enjoy yourself into a fresh room with the Crash Ice of the fountain. Rub you with care from head to foot in order to try the pleasant art of the cooling.

WELLNESS PROGRAMS OUTDOOR

To plunge into water and to feel the sunshine that caresses the skin, breathing the pure air and observing the green of the nature. The wellness is in our park with the natural lake, with pool, with hydro-massage and with the solarium zone.

“ Sitting down in the pack, to receive in the heart the rays of sunshine”

“ To find yourself simply there, in the middle of the snow that falls in flakes.”

ALPINE FITNESS

Acquaviva: where your holiday takes move and forms!

The new equipped gym, the possibility to live the territory, the possibility to be directly assisted by our personal trainer... Many new proposes to give movement to your holiday!

- Cardio fitness gym
- vibrant footboard
- Personal coaching (indoor and outdoor)
- muscular awakening
- stretching
- Yoga
- Nordic Walking
- Back gymnastic
- Vitality outdoor



ADVICES

Children: The children, who obviously love playing with water, don't adapt themselves so well to who wants to enjoy of the wellness' centre as an oasis of peace and quiet. For this way, the under 15 children can enter in the centre only from 09.30 a.m. to 12.30 a.m. and from 03.00 p.m. to 04.30 p.m. taken by parents.

Acquaviva etiquette: Acquaviva is a place of relax and peace. Please respect the other guests in according to the privacy and serenity right, please don't use the mobile phones or electronic equipments in this area.

Pregnancy: we have thought to the mothers that are waiting for a child. The beds for the massages can be endowed with special pillows (Body support) for the pregnant women and we have chosen some cosmetic products adapted for this period and for the post-delivery one.

The correct choice for your skin: Our Acquaviva professionals could suggest you the professional product most indicated for your skin's type. So, suggestions of different products will be possible. The choice will be taken together for a more efficient result.

Acquaviva bookings: we advise you to book the treatment when you reserve the room or during the day of your arrival, in order to help us to satisfy at best Your requirements of timetable and of treatment's typology.

Notices: Because of organizational reasons, we inform the kind customer that the price of every booked treatment will be debited even if it's cancelled.

Present certificates: to present a voucher for an exclusive Acquaviva treatment is a good gift for every occasion. For your convenience, the present certificates could be ordered by telephone and it will be given to the receiver as agreed.

To observe the thoughts which day by day always go farther
To listen to the silence what with one word and another
To fell regenerated, breathing the pure air of our mountains
This is the Acquaviva's holiday!

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